

# **Garland Radio Amateur Civil Emergency Service**

## **Garland Amateur Radio Emergency Service**



# Deployment/Go -Kits and Suggested Items

## Legend

- R = Required must have in kit at all times
- S = Strongly Recommended likely useful on assignments
- O = Optional useful on some assignments

## Identification – Carry at all times

- R TX Driver's license or TX issued ID card
- R Amateur Radio license
- R Garland RACES ID Badge

# 2-8 Hour "Everyday" Carry Kit

**Purpose:** To be kept nearby at all times for immediate (within minutes) communication response.

#### Kit Items:

- R 2m/70cm dual-band radio (ARR-S recommended)<sup>3</sup>
  - HT recommended (min. 5W)
  - Mobile 25W optional (In vehicle if not far away)
  - Programmed with area Net frequencies
- R Charged batteries for 2-3 hours operation
- R 2m/70cm dual-band mobile antenna (mag mount, window mount or existing mobile antenna)
- R Garland 1K , Dallas Co. 5K USNG Grid and MAPSCO Maps
- R CCRM Reference Manual
- R Notepad / pens / pencils
- S Cigarette lighter adapter
- S GRACES and personal telephone contact list
- S Cell phone
- S Water (Two 16 oz. bottles) & non-melting snacks
- S Toilet paper & Trash bags (2)

# 24-Hour Go Kit

**Purpose:** Pre assembled for fully independent operation; unknown environment (heat, cold, wind, rain); unknown time (day, night, up to 24 hours). Return home to retrieve.

### Equipment

Portable Radio: - ARR-B, ARR-M and/or ARR-TM			
R	R 2m/70cm dual-band Transceiver		
	• minimum 25W <sup>3</sup>		
	<ul> <li>dual-receive recommended</li> </ul>		
R	Radio user manual or cheat sheet		
R	R Earbud or headphones minimum; headset, earbud/mic, or		
speaker/mic/earbud, or similar recommended			
Antennas:			
R	Min. 25 feet of 50 ohm coaxial cable (RG-8X)		
R	2m/70cm dual-band magnetic mount antenna		

S 2m/70cm high gain HT antenna

Garland, Texas ARES®/RACES Go-Kits

- S 2m/70cm dual-band portable base gain antenna
- S Portable mast (elevates antenna min. 10 ft.)
- S Tripod or self-supporting base for mast
- S Window clip antenna mount (for non-metallic vehicles)

#### Power Source:

- R Charged batteries for 12 hours (min. 3000 mAH)
- R Spare fuses
- R Power cord adapters connect to various power sources:
  - with RACES standardized Powerpole connections
  - Cigarette lighter socket/adapter
  - Vehicle battery terminals
- R 10 Ga. DC power cable with Powerpoles (10')
- S Powerpole splitter or fused distribution panel
- S Extension cord, 3-wire, 3-6 ft., multi-outlet (18Ga. Min)
- O Extension cord, 3-wire, 50-100 ft. (16 Ga. Suggested)
- O DC Power Inverter

#### **Other Communications Gear:**

- R Connector adapters: Minimum of 2 each
  - BNC/M $\rightarrow$ UHF/F & BNC/F $\rightarrow$ UHF/M
  - SMA/M→UHF/F (HT antenna adapter)
  - UHF/F→UHF/F barrel adapter (PL-258)
  - N-type/M→UHF/F (UG-146) & N-type/F→UHF/M (UG-83)
- S Cell phone & charger and/or cigarette lighter adapt.
- S Small backpack, vest, chest harness or other similar method for carrying HT while operating portable
- S Additional 25' to 50' coax cable w/PL-258 (RG-8X Type)
- O Portable Printer
- O FRS Radio (2 recommended)

### Tools:

- R Small multi-tool or tool kit
- S Duct/Gaffers & Electrical Tape
- S Nylon Tie-Wraps/wire ties
- S Utility knife
- S Volt-Ohm meter
- S Small kit of commonly used tools
- O SWR/Power meter

#### **Operating Position:**

- S Sign(s) for operating position
- S Lighting for operating position
- S Rope or Dacron cord (50')
- S Folding chair & table
- R USB Memory stick or Thumb Drive
- O Magnetic sign for car
- O Pop-up Canopy
- O Tarp (8' by 8' or larger)
- O Safety strobes or flares
- O Caution/flagging tape (for marking cables, antennas, etc.)



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Documentation	O Chemical light sticks
Maps:	Clothing:
R USNG & MAPSCO single page grid maps	R Sturdy, closed-toe shoes/boots w/extra laces (no sandals)
R Compass and/or GPS	R Long pants (no shorts)
S City, county, state or other detail maps	R Hat (broad brim recommended)
Forms and Documentation:	R Seasonal jacket / rain gear
R Garland RACES Operations & Procedures Notebook	Toiletries:
R ICS 205- Communications Plan (min. 5 ea.)	R Hand soap and/or sanitizer
R ICS 211A/BLMRS Card - Communications Check-In (5 ea.)	R Toilet paper
R ICS 213- Message (10 ea.)	S Sugarless Gum (dental care substitute)
R ICS 214- Unit Activity Log (5 ea.)	Food & Water:
R ICS 309- Communications Log (10 ea.)	R Food for 24 hours (make your own list)
R GRACES Rapid Damage Assessment form (3 ea.)	R Water for 24 hours (3-4 quarts recommended)
R ARRL message forms (5 ea.) & number list (Welfare Traffic)	S Small cooler or ice chest
S Insurance Card, Power of Attorney, emergency contacts	As Needed / Appropriate:
Logging / Note taking:	Prescription medications for assignment duration
R Clipboard (covered type recommended)	□ List of medication used (medical card)
R Notepads (standard or waterproof) & Sticky Note Pads	□ Eyeglasses & spare
R At least 2 pens / pencils	O Tylenol, Antacid tablets, Topical antiseptic lotion
O Highlighters / felt-tip pens	O Personal hygiene items
Contact Lists:	Miscellaneous (as needed)
R Voice and Digital Frequency Lists (ICS-205 & 205A)	<ul> <li>Portable AM radio and spare batteries</li> </ul>
O Police/Fire direct dial phone numbers	□ Binoculars
O Repeater directory	<ul> <li>Baggies to seal/protect items</li> </ul>
	□ Shovel
	□ Fire extinguisher
Vehicle:	Disposable camera
<ul> <li>R In reliable operating condition</li> <li>S Fueled – minimum ½ full at all times</li> </ul>	□ Shade cover for computer display
	Portable Document Scanner
S Jumper cables	□ Comfort items – e.g., family photos, cards, spiritual item(s)
General Items:	Operator Function Specific Equipment Kits
<ul><li>R Cash / Travelers Checks (small bills and quarters)</li><li>R Watch or clock/alarm clock</li></ul>	Check your personal capability – Kits are Equipment only
	Mobile Radio Kit:
R Trash and various size storage bags	Amateur Radio Resource- M
S Paper Towels	Base or Field Radio Kit:
Personal Safety Gear:	Amateur Radio Resource- B
R Flashlight or headlamp and spare batteries for 24 hours	Shadow or Portable Radio Kit:
R Safety vest, ANSI standard (lime yellow recommended)	✓ Amateur Radio Resource- S
S First Aid kit (GRACES Recommended)	VHF/UHF Digital Data Radio Kit: (Packet)
S Whistle	Amateur Radio Resource- TM
S Work gloves (leather)	MESH Networking Operations
S Sunglasses	
S Sunscreen lotion (SPF 30 or greater)	
S Insect Repellent	HF Voice Operations
S Safety glasses	Amateur Radio Resource- H
S Mask (NIOSH-certified N95 or better)	HF Digital Operations
O Hearing protection (e.g. foam ear plugs)	Amateur Radio Resource- SM
O Hard hat (GRACES standard recommended)	



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Personal Go Kit Items/Notes:



# Deployment/Go -Kits and Suggested Items

# **Extended Deploy or 72 Hour Go Kit**

**Purpose:** Personal items recommended for independent operation over an extended period of time. Used in away situations or where returning home after shift is not possible or not ideal. Typically an away deployment.

### As Needed for Extended Deployment

#### **Power Source:**

- □ Regulated DC power supply
- □ Battery charger
- □ Spare batteries (for charging while operating)
- □ Portable generator and fuel
- DC distribution panel & cables (Powerpoles recommended)

#### Clothing:

- Plan a 1-weeks supply of comfortable clothing including undergarments to match the weather conditions
- □ Warm clothing (preferably in layers)
- □ Pants, long (3-5) and belt
- □ Shirts (3-5) Long- and short-sleeve (as appropriate)
- □ Under garments (5-7 sets)
- □ Socks (5-7 sets)
- □ Alternate boots or shoes ("Tennis" shoes non-preferred)
- □ Rain gear
- □ Jacket
- □ Sleepwear
- □ Cold water laundry soap (e.g. Woolite)

#### Food and Water:

- □ MREs (self heating) or other non-perishable meals (5-10)
- □ Water (1 gal/day recommended, depending on conditions)
- □ Water purification tablets or devices
- □ Can opener
- □ Cooler or ice chest
- □ Coffee cup, Bowl and eating utensils

#### Shower Items:

- □ Towel (or large "Wet Wipes") and washcloth
- □ Soap and shampoo
- □ Safety Razor, blades and shaving cream
- □ Toothbrush and toothpaste
- □ Comb and/or brush
- □ Deodorant/antiperspirant
- □ Wash basin (in case of no sink)

#### Shelter:

- □ Sleeping pad and/or ground cover
- □ Sleeping bag/blanket □ Blanket □ Pillow
- □ Tent
- □ Alarm clock

#### Notes:

- 1. Increase personal items in 24 Hr. Kit (meds, money, snacks, & such) to last for at least a 7 day deployment.
- 2. The 24 hour kit includes the "Everyday" kit; the 72 hour kit includes the 24 hour and the "Everyday" kit.
- 3. For SkyWarn reporting, 25Watts min to antenna required.
- 4. Best to pack in soft sided luggage and mark all equipment and items.
- 5. In most instances 24 hour and away assignments will be in teams of no less than two communicators.

Thanks go to Grayson and Santa Clara County ARES/RACES in developing this resource document.